

Asian-Inspired Bowl

Makes 4 Servings

For The Peanut Dressing:

1 Cup Mayonnaise 1 Each Lime, Juiced 1 Each Orange, Juiced 1 Tbs. Rice Vinegar 1 Tbs. Sesame Oil 1½ Tbs. Soy Sauce 2 Tbs. Peanut Butter 2 Tbs. Brown Sugar 1 tsp. Garlic, Minced

1 Tbs. Ginger, Peeled and Minced
2 Tbs. Green Onions, Roughly Chopped
2 Tbs. Cilantro, Roughly Chopped

For The Bowl:

10.5 Oz. Bag Asian Slaw Mix (Chopped Salad Mix)

1/4 Cup Peanut Dressing

5.29 Oz. BagTo Cover2 Tbs.Glass NoodlesBoiling WaterSesame Oil

1 Cup Rice Select Royal Blend Rice Blend

2 Cups Vegetable Stock

2 Cups Daikon Radish, Peeled, Cut Julienne

2 Cups2 CupsEdamame, Shelled and Blanched

½ Each European Cucumber, Sliced on Bias ½" Thick

To Garnish Green Onions, Cut on Wide Bias
To Garnish Bamboo Smoked Sesame Seeds

Method:

• Combine all of the ingredients for the peanut dressing in a food processor, and process until smooth



- Place the glass noodles in a bowl and cover with boiling water
- Allow to sit until the noodles are al dente
- Drain and rinse with cold water, drain again
- Place the noodles back in the bowl and toss with hot sesame oil
- Place the rice and the vegetable stock in a small sauce pan
- Bring to a boil, then reduce to a simmer
- Allow to cook until all of the stock has been absorbed
- Fluff with a fork
- Combine the Asian slaw mix and the peanut dressing in a mixing bowl, and mix until the slaw is thoroughly coated
- Divide the slaw among 4 large bowls
- Place the dressed glass noodles on top of the slaw
- Evenly divide the cooked rice, daikon radish, carrot, edamame and cucumber between the 4 bowls, placing them on top like spokes in a wheel
- Garnish the top with the green onions and sesame seeds